



Mental Health Transformation State Incentive Grant (MHTSIG) Hawai'i



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Vision : Hawaii's transformed mental health system will focus on prevention, effective intervention and recovery across the life span, providing coordinated, culturally sensitive services state-wide that are sustainable and consumer-driven.
Values: Inclusive of consumer input and direction; Respectful of cultural and community protocols; Building capacity of consumers and families as well as providers to ensure sustainability; Encouraging collaboration and innovation.

Introduction

- Prompted by findings from the President's New Freedom Commission (NFC) and to meet the NFC goals
- Funded by the Center for Mental Health Services (CMHS), Substance Abuse Mental Health Services Administration (SAMHSA)
- Governor awarded \$2+ Million per year for five years
Start: 9/30/2006 and End: 9/29/2011
- Charged to develop a Comprehensive Mental Health Plan (CMHP) based on a Needs Assessment and Resource Inventory (NARI)
- Conducted Town Hall Meetings state-wide to introduce the process, recruit participation and share information on progress
- Sub-Working Groups (SWG) developed recommendations for consideration by TWG for inclusion into the CMHP
- Transformation Working Group (TWG) acts as steering committee for the Comprehensive Mental Health Plan (CMHP)
- Task Groups (TG) composed of SWG, TWG and other stakeholders

President's NFC Goals

1. Americans understand that mental health is essential to overall health.
2. Mental health care is consumer and family driven.
3. Disparities in mental health services are eliminated.
4. Early mental health screening, assessment and referral to services are common practice.
5. Excellent mental health care is delivered and research is accelerated.
6. Technology is used to access mental health care and information

Sub-Working Groups (SWG)

- Seven (7) groups based on NFC and Hawaii's unique needs
- > 180 members recruited from Town Hall meetings
- Includes consumers, family members, key stake holders, providers, agencies, state/county government, primary care

Transformation Working Group (TWG)

- Seeking broad participation
- Governor-appointed steering committee of fifty-eight (58) members
- Includes consumers, youth, family members, SWG co-chairs, county/state officials, cabinet members, judiciary, education officials, providers, agencies, professional organizations

The Comprehensive Mental Health Plan (CMHP) for Hawai'i*

SWG #1: PROMOTING & UNDERSTANDING MENTAL HEALTH

- 1.1 Design and implement a public education campaign to promote the understanding of mental health issues.
- 1.2 Reduce the rate of suicide and suicide attempts.
- 1.3 Equalize and integrate physical and mental health care.

SWG #2: CONSUMERS & FAMILIES AS DRIVERS

- 2.1 Accountable consumer and family driven policies with education and oversight within systems are implemented by 2011.
- 2.2 Ensure that Consumers are served with aloha, courtesy and respect by professionals.
- 2.3 Provide more options for care, including alternative and indigenous practices.
- 2.4 Create a rapid response, trauma-informed system of mental health and wellness care.

SWG #3: EARLY INTERVENTION

- 3.1 Develop/expand prevention, early intervention/treatment services to promote the emotional well-being for young children & their families by 2011.
- 3.2 Improve utilization of, and develop community resources for early intervention across the lifespan by 2011.
- 3.3 Develop an interdisciplinary training institute for early intervention and improve systems integration by 2009.
- 3.4 By 2010, screening, identification and management of mental disorders in primary care across the lifespan become standard of practice.

SWG #4: ACCELERATING & EXPANDING QUALITY SERVICES

- 4.1 Establish a comprehensive, integrated, coordinated, community based system that conducts and reviews research that will expand access to evidence-based mental health interventions and innovations that work for Hawaii's population.
- 4.2 Establish a system that makes sure that all providers are doing what works best. This will include having an infrastructure to disseminate evidence-based services and best practices addressing the priority needs of its population.
- 4.3 Create a results-driven accountability system: 1) evaluates the effectiveness of mental health services, 2) measures the quality of service delivery.
- 4.4 Establish a system with the necessary conditions, leadership and authority to advance research, and expand and sustain quality services.

SWG #5: HIGH TECH & LOCAL TOUCH

- 5.1 Review state regulations making technological collaboration easier for providers while maintaining the consumer's right to privacy.
- 5.2 Plan, phase-in and help coordinate the development of compatible electronic health record systems that improve efficiency and access for consumers and providers.
- 5.3 Promote consistent and streamlined processes across provider agencies to facilitate continuity of care. This includes sharing policies, procedures and technology supporting "One Stop Shop" opportunities for care and eliminating redundancies.
- 5.4 Expand the use of telehealth to improve the quality of health services for underserved populations by improving access to mental health specialists and to culturally sensitive evidence based training/education.

SWG #6: WORKFORCE AND COMMUNITY SUPPORTS

- 6.1 Immediately declare a state of emergency in hiring qualified mental health workers in the public and private sectors, urgently mobilizing resources to streamline the state hiring process and develop timely recruitment, training and retention strategies.
- 6.2 Appoint and convene an ongoing Mental Health Workforce Development Collaborative comprised of key stakeholders to develop and implement long-term solutions to produce a diverse, locally developed mental health workforce.
- 6.3 Articulate and instill core competency standards for all Behavioral Health Care Providers.
- 6.4 Establish and sustain mental health training centers on each island that support culturally competent and consumer and family-driven recovery, resilience and early intervention. The centers will honor indigenous knowledge and practices of the host and other local cultures.

SWG #7: EVALUATION

- 7.1 Establish a data system with capacity for appropriate information sharing to: 1) facilitate coordinated health and mental health treatment and services, and 2) provide historical data and consumer preference in legal and/or health related crisis situations to facilitate decision-making.
- 7.2 Establish an entity to: 1) accumulate literature on cultural healing mirroring Hawaii's diverse ethnic population, 2) coordinate and oversee outcomes research on indigenous and traditional cultural ways of healing, well-being and treatment, particularly approaches addressing health, mental health and substance abuse problems, and 3) disseminate this literature to inform clinical services.
- 7.3 The state commission a study exploring the care provided by natural support systems for people with mental illness and in particular the direct and indirect costs in providing such care and assistance. People with mental illness (children, adults and elders) receive care and assistance through natural support systems such as `ohana, family, friends, churches, and other community groups.

TG: CRIMINAL JUSTICE - TG Recommendations to be included in CMHP Update

TG: CHILDREN'S ISSUES - The Governor, through the MHTSIG process, convene an Executive Summit in June 2008 of child-involved partners' leaders to consider the sub-recommendations and develop accountable strategies that will be implemented within each entity.

Task Groups (TG)

Focus: Implementing SWG recommendations

TG #	Name/Purpose	SWG Recommendation
1	Educating the Public	1.1, 1.2, 2.1, 3.2
2	Systems Integration	1.2, 1.3, 2.1, 2.3, 2.4, 3.1, 3.2, 3.3, 3.4, 5.1, 5.2, 5.3, 5.4, 7.1, TGCI
3	Consumer and Professional Workforce Development and Training	1.2, 2.2, 2.3, 2.4, 3.1, 3.2, 3.3, 3.4, 4.2, 5.4, 6.1, 6.2, 6.3, 6.4
4	Research, Evaluation and Dissemination	2.3, 4.1, 4.2, 4.3, 4.4, 7.1, 7.2, 7.3
5	Financing and Sustainability	3.2, 4.4, 7.3
6	Criminal Justice	1.1, 5.1, 7.1

Moving Forward

- From planning to implementation:
 - SWGs updated on recommendations bi-annually
 - TGs currently identifying and convening membership
 - Develop action plans and implements what is possible
- Mini-Grant Program
 - Funds to implement transformational actions and activities
- Annual MHTSIG Meeting in July
- Town Hall Meetings continue to engage and inform communities
- Networking with communities, governments officials and others
- Increased supports for consumers, families and youth via conferences, activities and training.
- Empower the community by increasing awareness and voice through public access television.
- CMHP Update due to SAMHSA by September 30, 2008

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